



School Improvement In-Service Agenda

When: Friday, March 18, 2022

Time: 8:00 am-3:00 pm

Where: Various Locations

Attire: Jeans or activewear (You'll be up and moving!)

What You'll Need: Your cell phone & teamwork mindset

Ready, Set, Recharge! ... A Focus on You

<u>Time</u>	<u>Activity</u>	<u>Location</u>	<u>Participants</u>
8:00-8:45	Breakfast Provided	HS Lunch Area	All Staff
9:00-10:00	Pick Your Session: 1) A True Underdog Story: Dodgeball/Knockout 2) Just Breathe (Yoga) 3) A State of Mindfulness 4) Bring Your Game Face (board/card games)	HS Gym (Stoddard) MS Gym (Hardy) Mrs. Olson's Classroom (Hardy) MS/HS Library (Remm)	PK-12 Teachers & Paras
10:15-11:45	Scavenger Hunt <i>(Meet in the MS gym for instructions. Make sure to have your cell phone with you.)</i>	School Campuses & Community	PK-12 Teachers & Paras
11:45-12:00	Scavenger Hunt Results	MS Gym	PK-12 Teachers & Paras
12:00-12:45	Lunch Provided	HS Lunch Area	All Staff
12:45-3:00	Work in Classrooms: 3rd Qt. Grades & Progress Reports	Classrooms	PK-12 Teachers & Paras
3:00	End of Session		

Self-Care is a
priority and necessity
- not a luxury -
in the work that we do.

